



Diabetes Education Program

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PHYSICIAN REFERRAL FORM

Patient's name: _____ DOB: _____ Phone #: _____

Address: _____

Health Insurance _____

Diabetes Diagnosis: Type1-controlled Type1-uncontrolled Type 2-controlled Type 2-uncontrolled
 Gestational Pre-Existing DM with Pregnancy Pre-diabetes

Current Treatment: Diet & Exercise Oral Agents: _____ Insulin _____

Indicate one or more reason for referral:

- Recurrent elevated blood glucose levels
- Recurrent Hypoglycemia
- Change in DM treatment regimen
- High risk due to Diabetes Complications/Co-morbid conditions: Retinopathy Neuropathy Nephropathy
- Gastroparesis Hyperlipidemia Hypertension Cardiovascular disease Other _____

Recent Labs:

- FBG: _____ Date: _____
- HgbA1C: _____ Date: _____
- Micro-albumin: _____ Date: _____
- Total Cholesterol: _____ Date: _____
- HDL: _____ Date: _____
- LDL: _____ Date: _____
- Triglycerides: _____ Date: _____

Education Needed:

- Comprehensive Self Management Skills (group)
- Comprehensive Self Management Skills (individual sessions)
- Insulin Instruction
- Basic Nutrition Management
- Medical Nutrition Therapy (MNT)
- Self blood glucose monitoring
- Management of Diabetes during Pregnancy/Gestational Diabetes Education

Indicate any existing barriers requiring customized education:

- Impaired mobility Impaired vision Impaired hearing Impaired mental status/cognition
- Impaired dexterity Language barrier Eating disorder
- Learning disability (please specify): _____
- Other (please specify): _____

I hereby certify that I am managing this beneficiary's Diabetes condition and that the above prescribed training is a necessary part of management. (Medicare patients)

Physicians' signature: (Required) _____ Date: _____

Physician's Name (Printed): _____ Phone #: _____ Fax #: _____